

WHO SHOULD ATTEND

Nutritionists, Dietitians, Physiotherapists, Doctors, Exercise and Sports Scientists, Researchers, Sports & Food Industry, Policy Makers, and Students.

REGISTRATION FEES

CATEGORY	EARLY BIRD (on or before 31 January 2014)	LATER (1st February 2014 onwards)	ON-SITE
Malaysian	RM250	RM300	RM350
International	USD100	USD125	USD150
Students - Local		RM100	
- International		USD70	

* Students must show proof of student status (e.g. letter from university)

Registration fee includes the following: attendance at all conference sessions, conference materials, lunch and two coffee breaks.
All registrations must be submitted together with payment.

REGISTRATION

Please register online at <http://www.maso.org.my/cgi-bin/RegisterMASO.cgi> or go to the MASO website at www.maso.org.my and click on the link to the Online Registration Form. Please print out the registration form after you have completed it and submitted online. Please mail the completed registration form, along with registration fees to :

ICO 2014 Pre-Congress Satellite Meeting Secretariat

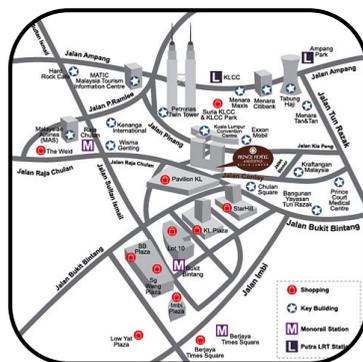
Assoc. Prof. Datin Dr. Safiah Md Yusof
c/o Department of Nutrition & Dietetics
Faculty of Health Sciences
Universiti Teknologi MARA
Puncak Alam Campus
42300 Puncak Alam, SELANGOR
Email: safiah@puncakalam.uitm.edu.my

PAYMENT

All payments are to be issued in favor of
MALAYSIAN ASSOCIATION FOR THE STUDY OF OBESITY (MASO)
Account number : 5140-9322-2754
Swift Code : MBBEMYKL
Bank Name : Maybank (Malayan Banking Berhad)
Bank Address : Jalan Raja Muda Abd Aziz, Kuala Lumpur
Important Note : Scanned copy of TT slip MUST be emailed to the following address: safiah@puncakalam.uitm.edu.my

PRE-CONGRESS SATELLITE MEETING INFORMATION

MEETING VENUE
Prince Hotel & Residences
Kuala Lumpur



FIRST ANNOUNCEMENT & CALL FOR ABSTRACTS



Universiti Teknologi MARA



Malaysian Association for the Study of Obesity
Malaysian Association
for the Study of Obesity

International Congress of Obesity 2014 Pre-Congress Satellite Meeting 'Physical Activity and Exercise Across the Lifespan: Implications for Obesity'

Date:
16 March 2014

Venue:
Prince Hotel & Residences, Kuala Lumpur

MESSAGE FROM PRE-CONGRESS CHAIRPERSON

Prof Andrew P Hills
Director, Centre for Nutrition and Exercise
Mater Research Institute – University of Queensland



I have much pleasure in announcing this exciting Pre-Congress Satellite Meeting. The program will provide the opportunity for a comprehensive consideration of the role of physical activity, exercise and nutrition in the context of obesity. Importantly, the program has been designed to address pertinent issues for physical activity promotion and exercise prescription at key stages across the lifespan. With an excellent mix of local, regional and international speakers, I am very confident that you will find the program highly relevant. The Meeting also incorporates a highly topical Panel Discussion on 'Exercise is Medicine' in the Asian context. We strongly encourage your participation and very much look forward to meeting you in KL!

MEETING GOALS

- To summarize the current knowledge relating the role of physical activity, exercise and nutrition on obesity at key stages across the lifespan.
- To identify areas of uncertainty where more evidence is needed and to determine potential strategies to address knowledge gaps.
- To identify the main obstacles to translation of research findings.

CALL FOR ABSTRACTS

Abstract submission is open to everyone. Students are strongly encouraged to submit abstracts for presentation as posters.

ABSTRACT GUIDELINES

- All submissions must be one A4 page, Arial Font, Size 12, 350 words maximum.
- All submissions must be emailed to: nazrul2923@puncakalam.uitm.edu.my with the following information: Abstract title; Name of presenter; Institution; Email address of presenter.
- **Abstract template is available for download at www.maso.org.my**

Important Dates

Deadline for abstracts 15 January 2014

Deadline for registration 31 January 2014

Satellite Meeting 16 March 2014

INTERNATIONAL ORGANIZING COMMITTEE

Chairman
Prof Andrew P Hills, *Australia*

Co-Chairman
Prof Dr Mohd Ismail Noor, *Malaysia*

Committee
Prof Nuala M Byrne, *Australia*
Prof John Blundell, *United Kingdom*
Prof Yves Schutz, *Switzerland*

LOCAL ORGANIZING COMMITTEE

Advisors
Dr Hamzah Fansuri Hassan
Dean, Faculty of Health Sciences, *UiTM*
Prof Dr Mohd Ismail Noor, *UiTM*

Chairperson
Assoc Prof Datin Dr Safiah Md. Yusof, *UiTM*

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Nazrul Hadi Ismail, *UiTM*

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Assoc. Prof. Dr. Hazizi Abu Saad, *UPM*

Committee
Prof Dr Poh Bee Koon, *UKM*
Dr Mahenderan Appukutty, *UiTM*
Dr Maria Justine @ Stephany, *UiTM*
Norashimah Rajab, *UiTM*
Ahmad Huzaifah bin Usoh @ Yusoff, UiTM

TENTATIVE SCIENTIFIC PROGRAM

0800	0845	Registration
0845	0900	Welcome and Official Opening Deputy Vice Chancellor , UiTM
0900	1030	SESSION 1: Pregnancy and Early Life Chairperson Prof. Andrew P Hills, Australia Speakers Prof Yves Schutz, Switzerland Prof Louise Baur, Australia
1030	1100	MORNING TEA, POSTER AND EXHIBITION
1100	1230	SESSION 2: Childhood and Adolescence Chairperson Dr Ben Tan, Singapore Speakers Prof Anoop Misra, India Prof Michael Goran, USA
1230	1400	LUNCH BREAK, POSTER AND EXHIBITION
1400	1530	SESSION 3: Young Adulthood Chairperson Prof Jeya Henry, Singapore Speakers Prof Nuala M Byrne, Australia Prof John Blundell, United Kingdom
1530	1600	AFTERNOON TEA, POSTER AND EXHIBITION
1600	1700	SESSION 4: Older Adult Chairperson Prof Neil King, Australia Speakers Prof Adrian Bauman, Australia Prof Jean-Michel Oppert, France
1700	1800	PANEL DISCUSSION: 'Exercise is Medicine' in the context of obesity Chairperson Prof John Blundell, United Kingdom Panelists Tan Sri Dr. Mani Jegatheson, Malaysia Prof Adrian Bauman, Australia Prof Nuala M Byrne, Australia Dr Ben Tan, Singapore
1800	1815	SUMMARY AND CLOSING Prof. Andrew P Hills, Australia